

EXCEPTIONAL EXOTICS



HARVESTED IN HARMONY



Fresh Vegetables & Herbs

	Variety	Description	Availability	Delivery	Packaging	Shelf Life
	Asparagus หน่อไม้ฝรั่ง	Thai Asparagus spears are typically thin, suited for packing in punnets as "mini-asparagus".	Ava.: Year-round Peak: Jan-May	by Air	115, 125, 200g+ bundles / trays	5-7 days
	Baby Corn ข้าวโพดอ่อน	Baby Corn is the immature ear of standard cultivars of field corn.	Ava.: Year-round	by Air	115, 125, 200g 10-12 trays / box	7-10 days
	Okra กระเจี๊ยบเขียว	The unripe seed pod of the herb okra is eaten as a vegetable.	Ava.: Year-round	by Air	2kg loose	6-7 days
	Lemongrass ตะไคร้	With a subtle citrus flavor, Lemongrass is used as an herb in soups and curries.	Ava.: Year-round	by Air	100, 125, 250g, 1kg 10, 20, 25kg	10-12 days

	Variety	Description	Availability	Delivery	Packaging	Shelf Life
	Thai Lemon Basil แมงลัก	Thai Lemon Basil has undertones of lemon in scent and taste.	Ava.: Year-round	by Air	500g or 1kg 6 or 8kg carton	2-3 days
	Thai Basil โหระพา	An herb widely used in various cuisines, both Asian and western.	Ava.: Year-round	by Air	500g or 1kg 6 or 8kg carton	3-4 days
	Thai Holy Basil กะเพรา	Holy Basil has a spicy, clove-like taste. Called "kaprao" in Thai.	Ava.: Year-round	by Air	500g or 1kg 6 or 8kg carton	3-4 days
	Thai Red Holy Basil กะเพราแดง	Red Holy Basil has a distinct stronger taste, and is sensitive.	Ava.: Year-round	by Air	500g or 1kg 6 or 8kg carton	2-3 days
	Chinese Morning Glory ผักบุ้งจีน	Used in cooking southeast-Asian dishes to add a distinct aroma to curry and rice dishes.	Ava.: Year-round	by Air	100, 500g 6, 8, 10kg	5-7 days
	Thai Morning Glory ผักบุ้งไทย	"Ong choi" is tender & mild, with a slightly sweet flavor and crunchy texture.	Ava.: Year-round	by Air	100, 500g 6, 8, 10kg	5-7 days
	Culantro ผักชีฝรั่ง	A.K.A. "Thai Parsley", An herb used for seasoning Asian cuisine.	Ava.: Year-round	by Air	100, 500g 6, 8, 10kg	4-5 days
	Coriander ผักชีไทย	The fresh leaves of this herb are used as an ingredient in many Thai dishes.	Ava.: Year-round	by Air	500g or 1kg 6 or 8kg carton	3-4 days
	Lao Coriander ผักชีลาว	Lao Coriander or "dill" is widely used as an herb in Asian cuisine.	Ava.: Year-round	by Air	500g or 1kg 6 or 8kg carton	3-4 days

	Variety	Description	Availability	Delivery	Packaging	Shelf Life
	Vietnamese Coriander ผักแพรว	"Rau ram" has a pungent, cilantro-like flavor with a hint of mint and lemon.	Ava.: Year-round	by Air	500g or 1kg 6 or 8kg carton	3-4 days
	Bok Choy กวางตุ้งฮ่องเต้	Bok choy has a mild flavor with a slightly sweet, fresh, and mildly peppery taste.	Ava.: Year-round	by Air	6, 10kg	7-8 days
	Spring Onion ต้นหอม	A.K.A. Shallot or Scallion, the taste is milder than onion.	Ava.: Year-round	by Air	2, 3, 5, 10kg	5-7 days
	Guichai Leaf ผักกุยช่าย	"Chinese Chive" is used in many soup and noodle dishes. The smell is similar to garlic.	Ava.: Year-round	by Air	2, 3, 5, 10kg	4-5 days
	Guichai Flower ดอกกุยช่าย	Guichai with unopened flower buds are used in broths and as a stir fry ingredient.	Ava.: Year-round	by Air	2, 3, 5, 10kg	5-7 days
	Salid Flower ดอกสลิด/ดอกขจร	Salid flower is a golden-yellow edible flower often used in Asian dishes, stir-fries, or soups.	Ava.: Year-round	by Air	2, 3, 5, 10kg	5-7 days
	Acacia Leaf ชะอม	Generally cooked to be used as a seasoning, or served as a vegetable side dish.	Ava.: Year-round	by Air	2, 3, 5, 10kg	5-7 days
	Sadao Leaf สะเดา	The bitter leaves and buds of the neem tree are eaten as a vegetable.	Ava.: Year-round	by Air	2, 3, 5, 10kg	5-7 days
	Water Mimosa ผักกระเฉด	The tender, young stems shoots and leaves of water mimosa are often stir-fried, or served with dips.	Ava.: Year-round	by Air	2, 3, 5, 10kg	5-7 days

Variety	Description	Availability	Delivery	Packaging	Shelf Life
 <p>Young Kai Lan คะน้า</p>	A.K.A. "Baby Kailan" is a more tender, sweeter, and less bitter version of mature Chinese broccoli.	Ava.: Year-round	by Air	2, 3, 5, 10kg	5-7 days
 <p>Hong Kong Kai Lan คะน้าฮ่องกง</p>	Tastes like a cross between broccoli and kale, offering a slightly bitter and earthy flavor.	Ava.: Year-round	by Air	2, 3, 5, 10kg	5-7 days
 <p>Broccolini บร็อกโคลินี</p>	A cross between broccoli and Chinese kale with a mild, sweet, and subtle earthy flavor.	Ava.: Year-round	by Air	2, 3, 5, 10kg	5-7 days
 <p>Chinese Cabbage ผักเขมร</p>	"Napa cabbage" has a mild, sweet, and delicate flavor with a crisp, juicy texture.	Ava.: Year-round	by Air	2, 3, 5, 10kg	5-7 days
 <p>Choy Sum กวางตุ้ง</p>	Has tender, stems with a mild flavor and a crunchy texture, with a balance of sweetness and bitterness	Ava.: Year-round	by Air	2, 3, 5, 10kg	5-7 days
 <p>Choy Sum Flower กวางตุ้งดอก</p>	The small, edible yellow flowers of Choy Sum - a popular ingredient in Chinese and Asian cuisines.	Ava.: Year-round	by Air	2, 3, 5, 10kg	5-7 days
 <p>Mustard Green ผักกาดเขียวปลี</p>	With a spicy, bitter taste and a tender, slightly peppery quality, can be eaten raw or stir-fried.	Ava.: Year-round	by Air	2, 3, 5, 10kg	5-7 days
 <p>Drumsticks มะรุม</p>	A.K.A. "Moringa", pods have a mild, slightly earthy flavor and are a staple in South Indian and SE Asian cuisine.	Ava.: Year-round	by Air	2, 3, 5, 10kg	5-7 days

	Variety	Description	Availability	Delivery	Packaging	Shelf Life
	Kaffir Lime Leaf ใบมะกรูด	Combined with garlic, galanga, ginger fingerroot, & hot chilies, Thai cuisine adds kaffir lime leaves to curries, soups, stir-fries and fish cakes.	Ava.: Year-round	by Air	100, 500g, 1kg 6 kg carton	5-7 days
	Pandan Leaf ใบตม	Used in cooking southeast-Asian dishes to add a distinct aroma to curry and rice dishes.	Ava.: Year-round	by Air	(bulk)	5-7 days
	Banana Leaf ใบตอง	Used for decoration or for wrapping in Thai cuisine.	Ava.: Year-round	by Air	(bulk)	10-14 days
	Betel Leaf ใบชะพลู	Betel leaves are used fresh in SE Asian cuisine; but are known for being chewed as a mild stimulant.	Ava.: Year-round	by Air	2, 3, 5, 10kg	7-10 days
	Lotus Leaf ใบบัว	Lotus leaves are durable and water repellent, used in Asia to wrap foods, giving steamed dishes a distinct aroma.	Ava.: Year-round	by Air	(bulk)	7-10 days
	Bamboo Shoots หน่อไม้	The edible shoots of bamboo are used in numerous Asian dishes and broths.	Ava.: Year-round	by Air	(bulk)	7-10 days
	Banana Flower หัวปลี	Inside the blossom are small flowers with a bitter taste, often used as a complement.	Ava.: Year-round	by Air	(bulk)	7-10 days
	Lotus Bulb ฝักบัว	Lotus seeds are sold in their pods, and eaten by breaking them out of the cone-shaped pod and removing the shell.	Ava.: Year-round	by Air	(bulk)	7-10 days



Fresh Chilis & Vine Fruits


Variety	Description	Availability	Delivery	Packaging	Shelf Life	
	Red / Green Thai Chili พริกแดง/เขียวยาว	Thai Chili can be supplied in either color, or a combination of both.	Ava.: Year-round	by Air	80, 100, 200g+ bags / trays	7-10 days
	Bird's Eye Chili พริกขี้หนู	Bird's eye chili is essential to spicy Thai cuisine, and is hotter than the typical "Thai chili".	Ava.: Year-round	by Air	80, 100, 200g+ bags / trays	7-10 days
	Karen Chili พริกกะเหรี่ยง	Named for a hill tribe native to Northern Myanmar, it is the spiciest variety of chili we supply.	Ava.: Year-round	by Air	80, 100, 200g+ bags / trays	7-10 days
	Orange Thai Chili พริกชี้ฟ้าเหลือง	Slightly milder and fruitier than standard Thai Chili.	Ava.: Year-round	by Air	100, 250, 500g 10kg box	7-10 days
	Long Red Thai Chili พริกชี้ฟ้าแดง	A mild chili used as an ingredient in many Thai dishes.	Ava.: Year-round	by Air	100, 250, 500g 10kg box	7-10 days
	Banana Chili พริกหยวก	The Banana Pepper is mild and tangy, high in vitamin C.	Ava.: Year-round	by Air	100, 250, 500g 10kg box	7-10 days
	French Bean ถั่วแขก	A.K.A. "green beans" are slender pods rich in fiber & vitamins, with a crisp texture and delicate, earthy flavor.	Ava.: Year-round	by Air	2, 3, 5, 10kg	5-7 days
	Long Bean ถั่วฝักยาว	The crisp, tender pods of the "yardlong bean" are eaten both fresh and cooked.	Ava.: Year-round	by Air	2, 3, 5, 10kg	5-7 days

	Variety	Description	Availability	Delivery	Packaging	Shelf Life
	Snow Pea ถั่วลันเตา	Snow peas are harvested young and raw, remaining sweet and crisp. Both the pod and undeveloped peas are edible.	Ava.: Year-round	by Air	100, 250, 500g 10kg box	7-10 days
	Wing Bean ถั่วพวย	A tropical legume with four-angled pods that have a slightly bitter flavor and a texture that ranges from crunchy to waxy.	Ava.: Year-round	by Air	2, 3, 5, 10kg	7-10 days
	Red String Bean ถั่วฝักยาวแดง	"Red yardlong bean" has long, deep red pods and tastes similar to a green string bean, holding their color when cooked.	Ava.: Year-round	by Air	2, 3, 5, 10kg	7-10 days
	Sator สะตอ	A.K.A. "Stink Bean", a podded vegetable with large, dense, bright green seeds with pungent odor and intense flavor.	Ava.: Year-round	by Air	(bulk)	7-10 days
	Green Peppercorn พริกไทยอ่อน	Young peppercorns are picked while still green, used to add spice to SE asian cooking.	Ava.: Year-round	by Air	2, 3, 5, 10kg	10-14 days
	Bitter Melon มะละข้านก	Grown as a fruit but used as a vegetable, the Bitter Melon is a member of the squash family.	Ava.: Year-round	by Air	(bulk)	7-10 days
	Chayote ฟักแฉับ	Belonging to the gourd family, it is generally lightly cooked to retain crispiness with a mild, refreshing flavor.	Ava.: Year-round	by Air	(bulk)	7-10 days
	Thai Cucumber แตงกวา	Native to Thailand, the local varieties are ubiquitous in Thai cuisine.	Ava.: Year-round	by Air	(bulk)	7-10 days
	Waxed Gourd ฟัก	A.K.A. "Winter Melon", a large, waxy-coated fruit that can be eaten young or mature.	Ava.: Year-round	by Air	(bulk)	7-10 days

	Variety	Description	Availability	Delivery	Packaging	Shelf Life
	Angled Gourd บวบเหลี่ยม	"Angled Luffa" is eaten young as a vegetable. It is soft, sweet and aromatic after cooking.	Ava.: Year-round	by Air	(bulk)	7-10 days
	Zucchini ucchini	A.K.A. "Courgette", A summer squash with a mild flavor, eaten as a vegetable despite being a fruit.	Ava.: Year-round	by Air	(bulk)	7-10 days
	Thai Eggplant มะเขือเปราะ	Thai eggplants are eaten raw or used as ingredients in curries where they become soft and absorb flavor.	Ava.: Year-round	by Air	100, 250, 500g 10kg box	7-10 days
	Pea Eggplant มะเขือพวง	The green fresh fruits are edible and used in Thai cuisine as an ingredient in curries or raw in chili pastes.	Ava.: Year-round	by Air	2, 3, 5, 10kg	7-10 days
	Purple Eggplant มะเขือยาวม่วง	With a rich, slightly sweet flavor and vibrant purple skin, it is perfect for roasting, grilling, or baking.	Ava.: Year-round	by Air	(bulk)	7-10 days







Fresh Roots, Tubers, & Mushrooms










	Variety	Description	Availability	Delivery	Packaging	Shelf Life
	Thai Ginger ขิง	Thai ginger is preferred by many chefs to other sources for its flavor and fiber content.	Harv.: Dec-Feb Ava.: Year-round	by Air / Sea	13.6kg; 10kg 250g+ / pc	Sea: 45-60 Days
	Galangal ข่า	This strong tasting rhizome is used as seasoning in many soups such as "Tom Yum".	Ava.: Year-round	by Air	2, 3, 5, 10 kg	10-14 days

	Variety	Description	Availability	Delivery	Packaging	Shelf Life
	Crachai กระชาย	A.K.A. "Finger Root", or "Chinese Keys" is a rhizome in the ginger family with a lemony, spicy flavor.	Ava.: Year-round	by Air	2, 3, 5, 10 kg	10-14 days
	Turmeric ขมิ้น	This rhizome is used fresh or dried as a spice.	Ava.: Year-round	by Air	2, 3, 5, 10 kg	10-14 days
	Taro เผือก	Taro is usually roasted, baked or boiled, and the natural sugars give it a sweet nutty flavor.	Ava.: Year-round	by Air / Sea	(bulk)	10-14 days
	Red Shallots หัวหอมแดง	Used in fresh cooking, or deep-fried and used as a condiment in porridge.	Ava.: Year-round	by Air / Sea	25x200g / 5kg carton	30 days
	Thai Garlic กระเทียมไทย	Thai garlic produces extremely small bulbs. The flavor is bold, and the aroma is strong.	Ava.: Year-round	by Air / Sea	50x100g / 5kg carton	21 days
	Lotus Root รากบัว	Lotus root has a crunchy texture with sweet-tangy flavours and is a classic dish in East Asian cuisine.	Ava.: Year-round	by Air	(bulk)	7-10 days
	Enoki Mushroom เห็ดเข็มทอง	The Enoki Mushroom, or "Enokitake" is long, thin, white and used in East Asian cuisine.	Ava.: Year-round	by Air	75x200g	10-14 days
	Shiitake Mushroom เห็ดหอม	This popular edible mushroom is used as an ingredient in many Asian dishes.	Ava.: Year-round	by Air	60x200g	7-10 days
	Shimeji Mushroom เห็ดชิเมจิ	East Asian fungus with a firm, crunchy texture and a savory, nutty, umami flavor. Available white or brown.	Ava.: Year-round	by Air	60x150g	7-10 days



Fresh Exotic Fruits

Variety	Description	Availability	Delivery	Packaging	Shelf Life
 <p>Mangosteen มังคุด</p>	The "Queen of Fruits", most exquisite among tropical fruits.	Peak: Apr-Aug Lim. Ava.: Year-round	by Air	3kg premium; 7 or 8kg - 1kg bags	7-10 days
 <p>Durian ทุเรียน</p>	Whole Durian can be shipped fresh by air or frozen by sea.	Peak: Mar-Jun Frozen: Year-round	by Air Frozen by Sea	12kg 3-5 pc	7-10 days Frozen 8 months
 <p>Young Coconut มะพร้าวอ่อน</p>	Young drinking coconuts with tender edible flesh.	Ava.: Year-round	by Sea	9pc Box	Sea: 45-60 Days
 <p>Nam Docmai มะม่วงน้ำดอกไม้</p>	Thailand's famous "Golden Mango", this variety is sweet and delicate	Peak: Jan-Mar Lim. Ava.: Year-round	by Air	3kg / 5kg with foam nets	Max: 15 days
 <p>Mahachanok มะม่วงมหาชนก</p>	A.K.A. "Rainbow Variety", this extremely fragrant mango is sweet with a hint of sour.	Peak: Jan-Mar Lim. Ava.: Year-round	by Air	3kg / 5kg with foam nets	7-10 days
 <p>Green Mango มะม่วงเปรี้ยว</p>	Traditionally used in cooking to make green mango salad.	Peak: Jan-Mar Lim. Ava.: Year-round	by Air	3kg / 5kg with foam nets	7-10 days

	Variety	Description	Availability	Delivery	Packaging	Shelf Life
	Ripe Papaya มะละกอสุก	Ripe Papaya is eaten fresh, and is extremely healthy.	Ava.: Year-round	by Air	2, 3, 5, 10kg	7-10 days
	Green Papaya มะละกอดิบ	Green Papaya is used to create "Som Tum", the famous Thai spicy Salad.	Ava.: Year-round	by Air	2, 3, 5, 10kg	7-10 days
	Lychee ลิ้นจี่	Thai lychee can be palletized and mixed with longan for sea voyages.	Peak: Apr-Jun	by Air / Sea	2kg / 3kg Plastic Basket	Sea: 21-28 Days
	Longan ลำไย	Thai longan is succulent and easy to transport. Farmed in many regions for availability.	Peak: Apr-Jun Lim. Ava.: Year-round	by Air / Sea	2kg / 3kg Plastic Basket	Sea: 28-30 Days
	Baby Pineapple "Phulae" สับปะรดภูเก็ต	The Phulae pineapple is a sweet, delicious miniature variety.	Lim. Ava.: Year-round	by Air	5kg foam nets or fresh-cut	7-10 days
	Passionfruit เสาวรส	The arils from this sour and sweet fruit are often added to juices.	Lim. Ava.: Year-round	by Air	3, 5, 15kg	7-10 days
	Thai Guava ฝรั่ง	Thai Guava is light green and crispy.	Ava.: Year-round	by Air	2, 3, 5, 10kg	7-10 days
	Dragon Fruit แถ้วมังกร	Dragon Fruit is sweet and easy to eat. Both red and white fleshed varieties are available.	Lim. Ava.: Year-round	by Air by Sea (VN*) *Vietnam Origin	3kg / 5kg 10kg by sea	7-10 days Sea: 35 Days
	Whole Jackfruit ขนุน	Jackfruit can be shipped whole or fresh-cut in punnets.	Peak: Apr-Aug Lim. Ava.: Year-round	by Air	Individually by Preferred weight	7-10 days

	Variety	Description	Availability	Delivery	Packaging	Shelf Life
	Rambutan เงาะ	Fresh Rambutan is available loose or in plastic punnets.	Ava.: Year-round	by Air	2, 3, 5, 10kg 500g tray	7-10 days
	Honey Pomelo ส้มโอ	A.K.A. the 'grapefruit of Asia', is a sweet exotic citrus fruit.	Peak: Oct-Dec Lim. Ava.: Year-round	by Air / Sea	12kg (2-3kg / pc.)	Sea: 35-40 Days
	Sweet Tamarind มะขามหวาน	Sweet Tamarind has a long shelf-life & can be consolidated with coconut or ginger.	Harv.: Dec-Feb Ava.: Year-round	by Sea	454, 500g inner; 10kg master	Sea: 6-8 months
	Lime มะนาว	Thai limes are smaller than Western limes, but packed with flavor. They are also a little sweeter.	Ava.: Year-round	by Air	1kg bag; 16kg master	7-10 days
	Seedless Lime มะนาวไร้เมล็ด	A.K.A. "Tahiti Lime", is prized for its sweet-tart flavor, thin skin, high juice content, and lack of seeds.	Ava.: Year-round	by Air	1kg bag; 16kg master	7-10 days
	Kaffir Lime มะกรูด	Zesty and fragrant, the the rind is commonly used in Lao and Thai curry paste.	Ava.: Year-round	by Air	6kg	7-10 days
	Starfruit มะเฟือง	A.K.A. Carambola, starfruit makes for great decoration on fruit and desert trays.	Ava.: Year-round	by Air	2, 3, 5, 10kg	7-10 days
	Marian Plum มะปราง/มะยงชิด	Related to the mango, the Marian Plum is sweet when ripe.	Lim. Ava.: Year-round	by Air	3kg / 5kg with foam nets	7-10 days
	Rose Apple ชมพู่	Crispy and refreshing, Rose Apples taste similar to Apple.	Ava.: Year-round	by Air	3kg / 5kg with foam nets	7-10 days



Custard Apple

น้อยหน่า

Custard Apple is sweet, with tender and delicate flesh.

Ava.: Year-round

by Air

3kg / 5kg with foam nets

5-7 days



Jujube

พุทรา

A taste and consistency similar to apple, but with a distinctive tang.

Lim. Ava.: Year-round

by Air

3kg / 5kg with foam nets

7-10 days



Longkong

ลองกอง

Growing in clusters, Longkong taste is said to be between grape and grapefruit.

Ava.: Year-round

by Air

2, 3, 5, 10kg

7-10 days



Burmese Grape

มะไฟ

A.K.A. "Mafai", the transparent flesh is sweet & sour, high in vit. C.

Lim. Ava.: Year-round

by Air

3kg / 5kg with foam nets

7-10 days



Sapodilla

ละมุด

This fruit has an exceptionally sweet, malty flavor - with a texture similar to a ripe pear.

Lim. Ava.: Year-round

by Air

3kg / 5kg with foam nets

7-10 days



Salacca

สละ

Also known as "snake fruit", Salacca is native to SE Asia.

Lim. Ava.: Year-round

by Air

3kg / 5kg with foam nets

7-10 days



Santol

กระต้อน

The Santol is round, about the size of an apple, with tender white flesh inside.

Lim. Ava.: Year-round

by Air

8kg with foam nets

5-7 days



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